



ALLERGY & ASTHMA CENTER OF GEORGETOWN
SHEILA M. AMAR, M.D., FAAAAI, FACAAI

ALLERGY SKIN TESTING

To prepare for your allergy skin test, please do not take any antihistamines or medications that contain antihistamines for five (5) days before your appointment. Please continue all your asthma medications. If you have questions regarding other medications you are taking, please call our office and check with the nursing staff.

COMMON ANTIHISTAMINES: PLEASE NOTE THIS IS NOT A COMPLETE LIST.

Any non-barbiturate sedatives with the name "P.M.", "sleep-aid", or "nighttime"	Clomipramine	Loratadine	Robitussin Nighttime
Amitid	Codimal	Maxichlor PSE DM	Rondec Syrup
Amitril	Compazine	Maxiphen ADT	Ru-Tuss
Amitriptyline	Compoz	Meclizine	Ryna-C
Acrivastine	Comtrex	Medi-flu	Rynatan
Actifed	Contact/Ornade	Methscopolamine	Rynatuss
Adapin	Contact Severe Cold & Flu	Midol	Scot-Tussin
Alavert (loratadine)	Coricidin	Mizolastine	Semprex, Semprex-D
Alfen DMA	Cotab AX, Cotab Flu	Naldecon	Sine-Off
Alka-Seltzer Plus Cold & Cough	CoTylenol Cold Formula	Naphcon-A eye drops	Sinubid
Allegra, Allegra-D	Cyproheptadine	Nolahist	Sinulin
Aller-Chlor	Dallergy	Nolamine	Sinutab
Allerhist	Deconamine SR	Norel DM, Norel SR, Norel LA	Sominex
Allerest	Desipramine	Norpramin	Sinequan
AlleRx	Desloratadine	Nortriptyline	Sudafed Plus
Amoxapine	Desyrel	Novafed-A	Sudal-12
Anafranil	Dexbrompheniramine	Novahistine DH liquid	Sumrontil
Antivert	Dexchlorpheniramine	Nytol	Tagamet
Astelin Nasal Spray	Diphedryl	Nyquil Nighttime Cold	Tanafed
Astemizole	Diphen	Olopatadine	Tavist-1
Astepro Nasal Spray	Diphenhydramine	Opcon-A eye drops	Tavist-D
Atarax	Dimetane	Optimine	Theraflu Flu, Cold & Cough
Atrohist	Dimetapp	Optivar eye drops	Theraflu Maximum Strength
Aventyl	Doxepin	Ornade	Thorazine
Axid	Doxylamine	Orthoxicol	Tofranil
Azatadine	Dramamine	Palgic	Trimipramine
Azelastine	Dristan	Pamprin	Trinalin
Benadryl (diphenhydramine)	Drixoral	Pamelor	Triprolidine
Benylin	Drixoral Cold & Flu	Pataday eye drops	Nighttime Flu, Cold & Cough
Bepreve eye drops	Drixoral Cold & Allergy	Patanase Nasal Spray	Trazodone
Bonine	Duratuss	Patanol eye drops	Triaminic Nighttime
Brexin	Dura-Vent	Pazeo eye drops	Triaminic
Bromfed	Dymista Nasal Spray	Pediox-S	Tussend
Brompheniramine	Elavil	Pepcid	Tussionex
Brovex	Elestat eye drops	Periactin	Tylenol PM
Calm-Aid	Emadine eye drops	Phenergan	Tylenol Allergy, Cold, Flu
Carboxinoxamine	Endep	Phenindamine	Unisom
Cerose DM	Extendryl	Pheniramine	VasoBid, VazoTan
Cetirizine	Famotidine	Phenyltoloxamine	Vicks 44 Cough, Cold, & Flu
Cheracol-Plus	Fedahist	Polaramine	Vicks Nyquil Multi-Symptom
Cheracol-Sinus	Fexofenadine	Polyhistine-D	Vistaril
Chlo-Amine	4 Way Cold	Poly-DM Syrup	Visine-A eye drops
Clarinet, Clarinet-D	Genahist	Premysn	Vivactil
Claritin, Claritin-D (loratadine)	Hycomine	Promethazine	Zaditor eye drops
Chlorafed	Hydramine	Protriptyline	Zantac
Chlorpromazine	Hydroxyzine	Pyrilamine	Zyrtec, Zyrtec-D
Chlor-Trimeton	Imipramine	Pyrroxate	Xyzal
Chlorpheniramine	Isochlor	Pyrex, Pyrex PD	Zymine HC, Zymine-D
Cimetidine	Ketotifen	Quelidrine	Zymine liquid
	Kronafed	Ranitidine	Zzzquil
	Livostin	Rescon	
	Lodrane, Lodrane D	Rezine	