



ALLERGY & ASTHMA CENTER OF GEORGETOWN  
SHEILA M. AMAR, M.D., FAAAAI, FAAAAI

**ALLERGY SKIN TESTING**

To prepare for your allergy skin test, please do not take any antihistamines or medications that contain antihistamines for five (5) days before your appointment. Please continue all your asthma medications. If you have questions regarding other medications you are taking, please call our office and check with the nursing staff.

**COMMON ANTIHISTAMINES**

Any non-barbiturate sedatives with the name "P.M.", "sleep-aid", or "nighttime"	CoTylenol Cold Formula	Optimine	Nighttime Flu, Cold & Cough
Acrivastine	Cyproheptadine	Optivar eye drops	Triaminic Nighttime
Actifed	Dallergy	Ornade	Triaminicin
Adapin	Deconamine SR	Orthoxicol	Tussend
Alavert (loratadine)	Desloratadine	Palgic	Tussionex
Alfen DMA	Dexbrompheniramine	Pamprin	Tylenol PM
Alka-Seltzer Plus Cold & Cough	Diphenhydramine	Pataday eye drops	Tylenol Allergy, Cold, Flu
Allegra, Allegra-D	Diphenhydramine	Patanase Nasal Spray	Unisom
Aller-Chlor	Dimetane	Patanol eye drops	VasoBid, VazoTan
Allerhist	Dimetapp	PBZ	Vicks 44 Cough, Cold, & Flu
Allerest	Doxepin	PedioX-S	Vicks Nyquil Multi-Symptom
AlleRx	Dramamine	Pepcid	Vistaril
Antivert	Dristan	Periactin	Visine-A eye drops
Astelin Nasal Spray	Drixoral	Phenergan	Zaditor eye drops
Astemizole	Drixoral Cold & Flu	Phenindamine	Zantac
Astepro Nasal Spray	Drixoral Cold & Allergy	Phenyltoloxamine	Zyrtec, Zyrtec-D
Atarax	Duratuss	Polaramine	Xyzal
Atrohist	Dura-Vent	Polyhistine-D	Zymine HC, Zymine-D
Axid	Dymista Nasal Spray	Poly-DM Syrup	Zymine liquid
Azatadine	Elestat eye drops	Premysn	
Azelastine	Emadine eye drops	Promethazine	
Benadryl (diphenhydramine)	Extendryl	Pyrilamine	
Benylin	Fedahist	Pyrroxate	
Bepreve eye drops	Fexofenadine	Pyrlex, Pyrlex PD	
Brexin	4 Way Cold	Quelidrine	
Bromfed	Genahist	Ranitidine	
Brompheniramine	Hycomine	Rescon	
Brovex	Hydramine	Rezine	
Calm-Aid	Hydroxyzine	Robitussin Nighttime	
Carboxinoxamine	Isochlor	Rondec Syrup	
Cerose DM	Kronafed	Ru-Tuss	
Cetirizine	Livostin	Ryna-C	
Cheracol-Plus	Lodrane, Lodrane D	Rynatan	
Cheracol-Sinus	Loratadine	Rynatuss	
Chlo-Amine	Maxichlor PSE DM	Scot-Tussin	
Clarinet, Clarinet-D	Maxiphen ADT	Semprex, Semprex-D	
Claritin, Claritin-D (loratadine)	Meclizine	Sine-Off	
Chlorafed	Medi-flu	Sinubid	
Chlorpromazine	Methscopolamine	Sinulin	
Chlor-Trimeton	Midol	Sinutab	
Chlorpheniramine	Mizolastine	Sominex	
Codimal	Naldecon	Sudafed Plus	
Compazine	Naphcon-A eye drops	Sudal-12	
Compoz	Nolahist	Tagamet	
Comtrex	Nolamine	Tanafed	
Contact/Ornade	Norel DM, Norel SR, Norel LA	Tavist-1	
Contact Severe Cold & Flu	Novafed-A	Tavist-D	
Coricidin	Novahistine DH liquid	Theraflu Flu, Cold & Cough	
Cotab AX, Cotab Flu	Nycol	Theraflu Maximum Strength	
	Nyquil Nighttime Cold	Thorazine	
	Opcon-A eye drops	Trinalin	
		Triprolidine	